



ALEXANDRA MARINE & GENERAL HOSPITAL

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Medical Imaging Manual

Ultrasound Prep Sheet

- **Abdomen U/S:** Have nothing to eat or drink after midnight – Do not eat or drink anything until after your examination.
- **Pelvic or Obstetric U/S:** Do not skip breakfast or lunch. Drink 4-6 large glasses or water 1–1¼ hours before your appointment time. Do not go to the washroom until after your examination. If your bladder is not full at the time of the appointment, you may be asked to rebook.
- **Renal (Kidney's):** Drink 2 glasses of water before appointment.
- **Scrotal, Thyroid, Extremity (knee, shoulder) U/S:** No prep required